

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY





**DATE:** 9/28, 10/5, 10/12, 10/19, 10/26, 11/2

**TIME:** 8:45–10:15am (Parents from all schools welcome)

PLACE: Rolling Hills Middle School - Cafeteria

**SUGGESTED DONATION: \$20.00** 

## Join us for this 6-week series!

**Week 1:** What are the 8 Keys To Success? What specific things can parents and caregivers say and do to help young people succeed?

**Week 2:** Tools for building stronger family communication.

Tips for building responsibility and trust in our family.

**Week 3:** Setting and keeping safe boundaries/rules that teach. Tips for discipline that strengthens relationships.

**Week 4:** What do we stand for in our family? Passing along our values, like lifelong learning...

**Week 5:** Skills for growing, living and connecting with others. Ways our strong family builds confident kids.

**Week 6:** Taking every moment as an opportunity to build stronger relationships with youth.

## **PARTICIPANT COMMENTS**

"Parenting today is difficult. Children are exposed to a lot of influences in every day life. It's daunting trying to raise children that grow up to be upstanding and productive adults."

"Take It Personally" is a great course where parents can share ideas and information and have valuable conversations around difficult issues."

## FOR DETAILS CONTACT:

Ziem Nguyen Neubert • ziem@projectcornerstone.org

## Sign up today at

www.signupgenius.com/go/60b0945aba72d6-take