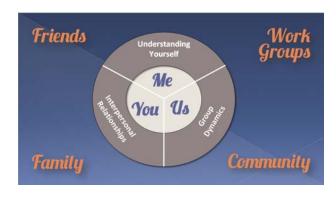




Project Cornerstone Newsletter Collaboration-ME

(6th & 8th Grade Lesson-of-Month #1)

The lesson this month is the first of a three-part series talking about behaviors and strategies to work with friends, family, community and work groups.



We start with "Me" — Things you should understand about yourself so interactions with others are more positive. There are three key points addressed:

- 1) Students think about themselves and reflect inwardly on what makes them unique.
- Introduce the concept that personality is continuously changing and influenced by internal (preferences, curiosities, skills) and external factors (experiences, other people, media)
- 3) Finding a personal "spark" something they love to do or several strong interests they have.



Continue this conversation at home!

- Discuss your cultural perspectives and experiences with your student.
- Share your own passions and interests with your student and ask about theirs.
- Watch the video that we watched in class. We only viewed the first 2 minutes but you
 may want to watch the entire clip.: Sparks Matter: Finding Your Spark
 https://www.youtube.com/results?search_query=search+institute+sparks

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