



## **Communicating With Teens**

## by Mary Eschen Podcast Host of PARENTING DECODED

Are you kids ignoring you? Would rather be with their friends than you?

Do they yell and argue with you all the time?

Do they drain your energy? Do you get sassy back-talk?

Do they need nagging to get them to do anything?

Come get some practical skills you can use NOW!

Date: Thursday, January 25, 2024

Time: 8:45 - 10 A.M.

**Location: Rolling Hills Middle School** 

**Main Office** 

## **SIGN UP HERE:**

https://forms.gle/ESnsVkJzXNpWLEY16

Mary Eschen's information can be found at <u>Parenting Decoded Podcast</u> <u>ParentingDecoded.com</u>