

This program is not sponsored by Campbell Union School District. Distribution of information is a community service and does not imply endorsement.

BEGINNERS (KIDS)

Developing fundamental skills in a fun and supportive environment.

1. **Fundamentals & Technique** Learning proper grip, stroke mechanics, footwork, and basic rally skills.

2. Game Play & Coordination Practicing movement, ball control, and simple point play to build confidence on the court.

Developing skills and fostering a love for the game are equally essential - laying the foundation for long-term growth, consistent improvement, and lasting enjoyment.



Focuses on skill development and match-play readiness. Training is structured in two key stages:

 Skill Development Refining technical abilities, footwork, and strategic awareness to build a strong foundation.

> 2. Hitting & Match Play Applying skills in live drills, point play, and competitive scenarios.

This dynamic approach ensures that young athletes maximize their potential, gaining the skills and confidence needed to excel in competition.





This program is not sponsored by Campbell Union School District. Distribution of information is a community service and does not imply endorsement.



SKILL DEVELOPMENT

E-MAIL: GABRIEL@GSETENNIS.COM | TEXT: (650) 602-8955